



Providence Center For Faith and Healing presents

"Human Evolving vs Aging: A Wholistic and Meaningful Lifestyle."

May 8, 2007 12:00 noon - 4:00 p.m.

Presenter:

Kathy J. Ward, MA, MS, CTRS, ADC, CGP, CALA
President of WEL, World Elder Land - Universal Peace Ambassador

What does it mean to re-envision a better quality of life for elders that integrates mind, body and spirit, the dimension of total wellness and true self-actualization? This experiential and didactic workshop will address research, theory and hands-on-tools for meaningful and inclusive interventions with elders.

Participants will:



Learn how to identify ways to develop and nurture a culture for elders and their caregivers that promotes health, patient satisfaction and quality improvement.



Discuss an interdisciplinary team approach to developing a community dedicated to the promotion, nurturing and implementation of whole-person-centered wellness



Learn how to identify environmental factors that enhance self-care and wellness for elders and those who care for them



Develop quality indicators to evaluate whole-person-centered wellness services

IT TAKES A COMMUNITY TO BETTER A COMMUNITY

REGISTRATION & QUESTIONS

Fees includes materials and lunch:

\$25.00 General Public

\$20.00 Providence Health & Services Employees

\$15.00 Members of Sacred Heart Volunteers

Questions: 509-474-3008

We are able to keep registration fees low
thanks to a generous grant from the
Sacred Heart Service League.

About KJW:

Kathy J. Ward is a Universal Peace Ambassador, Gerontologist, Holistic Health Practitioner, Group Psychotherapist and Recreation Therapy Consultant. Kathy is also the author of the Whole-Person-Center Wellness series and The Journal For A Better Life. She is the president of WEL, World Elder Land and ERT, Elder Recreation Therapy. Kathy strongly believes in, and has invested the last twelve years to the betterment of elders, and the communities they live in. Her work is about nurturing whole person living and a better quality of life for every elder citizen worldwide and their caregivers. All our programs are available in English and Spanish. For more information about WEL and Kathy J. Ward, please visit www.kathyjward.com/blog

Providence Center
For Faith & Healing:
Sacred Heart Medical
Center
Murphy Room: # 24
Spokane, WA
509-474-3008

Who should attend?
Elders, Social Workers,
Nurses,
Directors of Volunteer
Services
Spiritual Counselors, Case
Managers,
Health Care Administrators
Activity Directors
Recreation Therapists
Caregivers ... and
anyone interested in
nurturing
wellness for our elders and
their caregivers.